

GUJARAT TECHNOLOGICAL UNIVERSITY
BACHELOR OF SCIENCE - HONOURS/ HONOURS WITH RESEARCH - SEMESTER - I
EXAMINATION - WINTER 2025

Subject Code: BS01001081

Date: 01-01-2026

Subject Name: Bhagvad-Gita and Life Management

Time: 10:30 AM TO 12:00 PM

Total Marks: 50

Instructions:

1. Attempt all questions.
2. Make suitable assumptions wherever necessary.
3. Figures to the right indicate full marks.
4. Draw neat and clean diagrams as required.

Q.1 Write a note on following(Any 4 out of 6)

**(Marks-
5X2=10)**

1. What does the Gita say about overcoming fear and self-doubt?
2. How does Krishna describe himself as the source of all creation in the Gita?
3. What is the core teaching of Bhakti Yoga in the Bhagavad Gita?
4. Why the Bhagavad Gita is called a spiritual guide for humanity?
5. Enlist the chapters in the Gita and their primary themes in short.

Q.2 Answer the following (Any 2 out of 3)

**(Marks-
2X10=20)**

1. How does the Gita explain the relationship between action (Karma) and result?
2. What was the significance of Krishna's guidance to Arjuna during his crisis?
3. Discuss how the teachings of the Gita can help in maintaining mental peace.

Q.3 Answer the following (Any 4 out of 6)

**(Marks-
4X5=20)**

1. What does the Gita say about handling peer pressure and societal expectations?
2. Explain the Gita's view on the importance of selfless action (Nishkam Karma).
3. How can the Gita's teachings help students in managing exam stress effectively?
4. Discuss the significance of Krishna as a divine mentor in the Bhagavad Gita.
5. What does the Gita teach about detachment (Vairagya) and its importance in life?
6. How does the Gita guide individuals to maintain balance in work and relationships?
